

Dist	Type	Note	Next
0.0		Start of route	0.0
0.0	↑	Ride east onto South Walks Road	0.4
0.5	←	Left then right, continuing on South Walks Road	0.3
0.7	➔	Right onto High Street	0.1
0.9	↑	At the roundabout cross straight over	0.3
1.1	↑	At roundabout, first exit, continuing on B3143	0.3
1.4	↑	At roundabout, go straight over (SP Wareham B3143)	0.2
1.6	←	Left onto the cyclepath	0.0
1.7	➔	Follow the cyclepath	0.0
1.7	←	Rejoin the road and left onto Came View Road (SP NCR 2)	0.2
1.9	↑	Continue on the cyclepath	1.3
3.1	←	At the end of the cyclepath, left and rejoin the road (SP NCR 2)	2.6
5.7	←	Left (SP Woodsford / Moreton)	0.2

5.7 kilometers. +38/-55 meters

Dist	Type	Note	Next
5.9	←	Left (SP NCR 2 Moreton)	5.0
10.9	↑	Cross the road (SP Moreton)	1.9
12.8	←	In Moreton left (just by the tearooms)	0.1
12.9	↑	Continue down the track towards the river	0.1
13.1	↑	Cross the river by the footbridge and continue on the track on the far side	0.3
13.4	↑	Follow the main track north-east through the forest	1.9
15.3	↑	Cross the road (take care) and continue on the lane opposite	0.6
15.9	←	Left (no SP)	1.0
16.9	↑	Cross straight over at the four-way junction	0.7
17.6	←	Left (SP Affpuddle)	0.8
18.4	➔	At the T-junction right onto the B3390	0.3
18.7	←	Left (SP Tolpuddle)	2.2
20.9	➔	In Tolpuddle right (for the Martyrs' Museum, left)	0.2

15.2 kilometers. +91/-91 meters

Dist	Type	Note	Next
21.1	←	Left onto Whitehill (just before the Martyrs' Inn pub)	0.9
22.0	↑	Continue onto the track (left fork)	1.6
23.5	←	Fork left, keeping to the main track	0.6
24.1	➔	At the road, right, then very soon after sharp left	0.1
24.2	←	Sharp left onto Little England	0.5
24.7	←	In the village left then right (SP Milton Abbas)	4.3
29.0	←	Sharp left (SP Milton Abbey / Hinton) - for Milton Abbas, carry straight on (not far)	4.1
33.1	➔	Right (SP Ansty)	0.2
33.3	➔	Right (SP Bulbarrow)	1.8
35.1	←	Left (SP Woolland)	2.8
37.9	←	Left (SP Mappowder / Ansty)	0.6
38.4	←	At the T-junction left (SP Ansty / Mappowder)	1.0
39.5	➔	Right (SP Mappowder)	2.7

18.6 kilometers. +296/-247 meters

Dist	Type	Note	Next
42.2	←	Left (SP Folly / Plush / Piddletrenthide)	8.0
50.2	←	At the T-junction left onto B3143	0.2
50.3	➔	Right (SP Cerne Abbas)	2.4
52.8	↑	Cross straight over (SP Cerne Abbas)	1.9
54.6	←	Left (SP Cerne Abbas)	0.2
54.8		For the Cerne Abbas Giant viewing point right up Duck Street	0.3
55.2	↑	Cross straight over the A352 (SP Sydling)	7.9
63.1	➔	Right (No SP)	0.6
63.6	↑	Cross straight over the A37 (take care - fast road!)	0.8
64.5	➔	Right onto the A356 (SP Maiden Newton)	0.2
64.7	←	Left (SP Southover)	0.3
65.0	←	Left into Frampton Park (SP NCR 26)	0.9
65.9	➔	Right to stay on Strawberry Line (SP NCR 2) and follow the Frome Valley Cycle Trail	1.6

26.4 kilometers. +374/-405 meters

Dist	Type	Note	Next
67.5	↑	Cross straight over	5.7
73.1	↑	Cross straight over onto Cornwall Road	0.4
73.5	←	At the traffic lights left onto Great Western Road, B3144	0.2
73.8	←	Left onto Weymouth Avenue, B3144	0.1
73.8	🏁	End of route	0.0

7.9 kilometers. +87/-92 meters