

## 19 Three Peaks

Dist	Type	Note	Next
0.0	📍	Start of route	0.0
0.0	↑	From the Market Place in Settle head west on Kirkgate	0.7
0.7	←	Left onto B6480 and cross the bridge	0.3
1.0	→	Right onto Stackhouse Lane (SP NCR 68)	5.7
6.7	←	Left (SP NCR 68 Clapham)	3.2
9.9	↑	Continue to follow NCR 68 (though if you like rough stuff, try Thwaite Lane for a shortcut to Clapham)	2.2
12.1	→	Right onto A65 cycle path	0.4
12.5	→	Right onto B6480	1.4
13.9	↑	Right just before the bridge in Clapham (SP National Park car park and toilets)	0.4
14.2	→	Right at the T-junction	6.0
20.3	←	Left onto B6255 (SP Ingleton)	0.5
20.8	→	Right (SP Main Car Park)	0.3

20.8 kilometers. +258/-280 meters

Dist	Type	Note	Next
21.0	→	Right onto Bank Top (SP NCR 68)	0.1
21.1	←	Fork left (SP NCR 68)	0.1
21.2	←	Left at the T-junction	0.3
21.5	→	Slight right	0.5
22.0	→	Right (SP Dent)	0.4
22.4	→	Right (SP Dent)	15.8
38.2	→	In Dent turn right (SP Hawes)	0.0
38.2	→	Sharp right onto Beech Hill	11.6
49.8	→	Right onto B6255 (SP Ingleton)	5.9
55.7	←	Left onto B6479 (SP Horton in Ribblesdale)	12.2
67.9	→	Right (SP Helwith Bridge)	1.1
69.0	←	Left (SP Width Restriction)	5.7
74.7	←	Left at the T-junction (SP Settle)	0.8
75.5	📍	End of route	0.0

54.7 kilometers. +815/-783 meters