

## 02 Still Glides the Stream

Dist	Type	Note	Next
0.0	📍	Start of route	0.0
0.0	←	With your back to the Old Kings Head pub in Broughton, turn left	0.5
0.5	→	Right onto A595	1.0
1.4	→	Right at the traffic lights (SP Ulpha)	17.2
18.7	←	Left (SP Eskdale)	0.0
18.7	←	Left	10.7
29.4	←	Left at the T-junction (SP Ulpha)	9.8
39.2	→	Left (SP Seathwaite)	2.5
41.7	→	Right (SP Broughton Mills)	5.5
47.2	→	Bear right into Broughton Mills	1.6
48.9	→	Right onto the A593	1.8
50.7	📍	End of route	0.0

50.7 kilometers. +1190/-1180 meters