

No. 8 About Time

| Dist | Type | Note |
|------|------|--|
| 0.0 | | Start of route |
| 0.0 | | From Whitchurch station, cross straight onto Wayland Road () |
| 0.3 | | Left onto Hatton Way and bear left onto the cycle path to the left of the road |
| 0.9 | | Follow NCR 45 out of the town |
| 1.7 | | At the T turn left () |
| 6.2 | | Right () |
| 6.7 | | At the T turn left () |
| 8.3 | | After crossing back over the canal, turn right onto the towpath |
| 9.6 | | Cross the canal and continue on the towpath on the far side |
| 10.9 | | At the basin where the three canal branches meet, turn left onto the bridge and onto the access road |
| 11.3 | | Rejoin the road |
| 11.7 | | At the T turn right |
| 13.4 | | Left () |

13.4 kilometers. +59/-70 meters

| Dist | Type | Note |
|------|------|--|
| 17.0 | | Left then imm right () |
| 19.0 | | Left at the T () |
| 20.1 | | Imm after the level crossing in Wem turn right onto Aston Road |
| 25.2 | | Cross the A49 |
| 26.5 | | At the end of the track turn sharp left |
| 27.7 | | Rejoin the road and turn right (eff straight on) |
| 30.2 | | Left () |
| 32.6 | | At the T turn right then imm fork left () |
| 33.7 | | Right () |
| 35.4 | | At the T turn left () |
| 36.2 | | Right () |
| 37.8 | | At the T turn left () |
| 39.1 | | At the T turn right () |
| 40.6 | | Right () |
| 40.8 | | Cross the A41 |

27.4 kilometers. +252/-256 meters

| Dist | Type | Note |
|------|------|---|
| 41.9 | | Left () |
| 45.3 | | At the T turn right () then imm. left () |
| 50.2 | | At the T turn right () |
| 51.1 | | Easy to miss! Take the first left turn - sharp left (no) |
| 52.3 | | Cross the A525 |
| 56.2 | | Cross the A530 |
| 58.5 | | At the T turn left () |
| 63.9 | | Left () |
| 68.4 | | Left onto Salisbury Road then right onto Queen's Road () |
| 68.6 | | Left onto Station Road, B5398 () |
| 68.8 | | End of route |

28.1 kilometers. +170/-156 meters