No. 10 THE GREEN DESERT

This ride begins in the centre of Rhayader, by the clock tower. This is a relatively short ride, though the initial hill is quite a climb. But there is an 'extended' version if you're fit and looking for a real adventure. Instead of turning left at 8.6km point, go straight on, all the way down to Pont-rhyd-y-groes, where you turn left for Ffair-Rhos and then back east, first on lanes and then on the mountain track to the Claerwen Reservoir (there's a bothy here, too, if you need it, marked Claerddu on the map). It's a reasonably good track, fine on an MTB, touring bike or a cross bike, a bit dicey on a road bike. Follow the track all the way to the Claerwen dam and then rejoin the road to the Elan Valley Visitor centre.

KM	Miles	Direction
0	0.0	From the clock tower, head down West Street
0.6	0.4	Turn right (See Aberystwyth Mountain Road)
8.4	5.3	Turn left (Cwm Elan / Elan Valley)
13.5	8.4	Turn left and cross the dam
13.7	8.6	At the end of the dam turn right onto the cycle path (NCR 81)
		Follow the Elan Valley Trail (NCR 81)
		For much of its length, the Elan Valley Trail runs parallel to a road, which is rarely busy. If you prefer, take the road
23.2	14.5	Turn right (Elan Village / Visitor
		Centre)
23.6	14.8	Turn left across the rickety iron bridge, and left again at the end of the bridge
24.5	15.3	Follow the road around to the right (Llanwrthwl)
32.6	20.4	Easy to miss! As the river comes into view, there's a bridleway off to the right, just as the road heads steeply uphill. Take the bridleway.
		Follow the bridleway, cross the rope bridge and then cross the field
33	20.6	Rejoin the road and follow it back into Rhayader
35.2	22.0	Turn right onto West Street