

# No. 17 A THAMES MEANDER

KM	Miles	Direction
0.0	0.0	Turn left out of <b>Reading</b> railway station onto Forbury Road.
0.3	0.2	At the roundabout, turn left onto Vastern Road, down the hill
0.6	0.4	At the next roundabout cross over and exit onto the footway, heading towards the river
0.5	0.3	At the river, turn right under the bridge and continue along the Thames Path
2.2	1.4	Follow the Thames Path, crossing a pedestrian bridge over the River Kennet
5.7	3.6	At <b>Sonning</b> , cross Sonning Bridge onto the north bank of the Thames and continue on the Thames Path
<p><i>This section of the Thames Path can be rough and muddy when it's wet and strictly speaking cycling is not permitted though plenty of people do ride. If you do, just be sure to be courteous to walkers.</i></p> <p><i>An alternative route is along the B478 across Sonning Bridge then through <b>Binfield Heath, Crowsley</b> and <b>Sonning Common</b>, bypassing Henley altogether and rejoining the route at the Unicorn pub (at 23.4km, below).</i></p>		
11.2	7.0	At <b>Lower Shiplake</b> , follow the Thames Path through the village along Mill Road
11.4	7.1	Turn right by the Baskerville pub onto Station Road, then immediately left onto Bolney Road
13.8	8.6	At the end of Bolney Road, continue along the Thames Path
14.7	9.2	On arrival in <b>Henley</b> , carry on along the riverside. It can be busy in summer so ride courteously.
14.9	9.3	Turn left onto Station Road
15.1	9.5	Turn right onto Reading Road
15.4	9.6	Turn left onto Greys Road
16.7	10.4	Turn right, continuing along Greys Road
20.1	12.6	At the memorial cross turn left (🚲 Nettlebed 3)
21.6	13.5	At the B481 turn Left
22.4	14.0	At <b>Rotherfield Peppard</b> , turn right onto Colliers Lane, towards the Red Lion pub
23.4	14.6	At the Unicorn pub, straight over, onto Wyfold Lane

25.6	16.0	At the 4- way crossroads, turn right onto Busgrove Lane (joining National Cycle Route 5, whose little blue signpost will take you all the way to Didcot)
28.4	17.8	At <b>Stoke Row</b> , turn left (🚲 Ipsden)
29.5	18.5	Turn left (🚲 Checkendon)
29.9	18.7	Turn right (🚲 Cycle Route 5)
30.7	19.2	Straight over (🚲 Cycle Route 5)
31.5	19.7	Turn left (🚲 Cycle Route 5)
31.7	19.8	Turn right (🚲 Cycle Route 5)
33.9	21.2	Follow signs for Cycle Route 5 through <b>Ipsden</b>
38.3	23.9	<i>For the King William IV pub, turn right up hill towards <b>Hailey</b></i>
38.5	24.1	Continue on along Cox's Lane
40.9	25.6	On reaching the A4074, cross the road and follow the cycle route along a narrow path through wooden gates onto Meadow Lane
41.1	25.7	Turn left onto The Street
Continue through <b>Wallingford</b> , following the blue signs for Cycle Route 5 (Didcot)		
42.0	26.3	At the Roundabout turn Right (🚲 Didcot), note: there is a cycle path around the roundabout if required
42.6	26.6	Turn left (🚲 Brightwell cum Sotwell) and follow the road into the village
43.5	27.2	At the memorial cross turn right onto Church Lane (🚲 Cycle Route 5)
44.0	27.5	At T-junction, turn left (🚲 Cycle Route 5)
45.3	28.3	Cross A4130 and follow cycle path through trees, turning right onto Sires Hill
At T-junction, turn right (🚲 Long Wittenham)		
52.4	32.8	At the memorial cross in <b>Long Wittenham</b> , turn left
52.6	32.9	Continue on traffic-free Cycle Route 5 towards Didcot
52.7	33.0	On entering <b>Didcot</b> , follow traffic-free Cycle Route 5 through housing estates towards the railway station
54.1	33.8	At Cow Lane, turn right, crossing under the railway
54.2	33.9	Turn right onto Station Road
54.7	34.2	Arrive at <b>Didcot</b> railway station

LOST LANES: 36 GLORIOUS BIKE RIDES IN SOUTHERN ENGLAND

[www.lostlanes.thebikeshow.net](http://www.lostlanes.thebikeshow.net)